

## **Cardoon as a multipurpose energy crop: Opportunities and challenges**

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# *Cynara cardunculus* L.



- Member of *Asteraceae*. Native to Mediterranean region.  $2n=24$ .
- Cultivated as a vegetable since ancient times (Mediterranean region).
- Perennial herb ~2 m high. Taproot.
- Leaves basally rosulate, wide base, pinatifid lamina, green to pale greyish.
- Gross heads in corymb-like groups. Dark to pale lilac florets, nectariferous.
- Fruit an achene like sunflower.
- Common names: cardoon (vegetable), cynara (field crop).

## ► TRADITIONALLY CROPPED FOR:

- **BLANCHED LEAF PETIOLES**

Labour intensive crop ⇒ vegetable.

Tenderness and flavour are ensured through artificial blanching.

- **VEGETABLE COAGULANT (RENNET)**

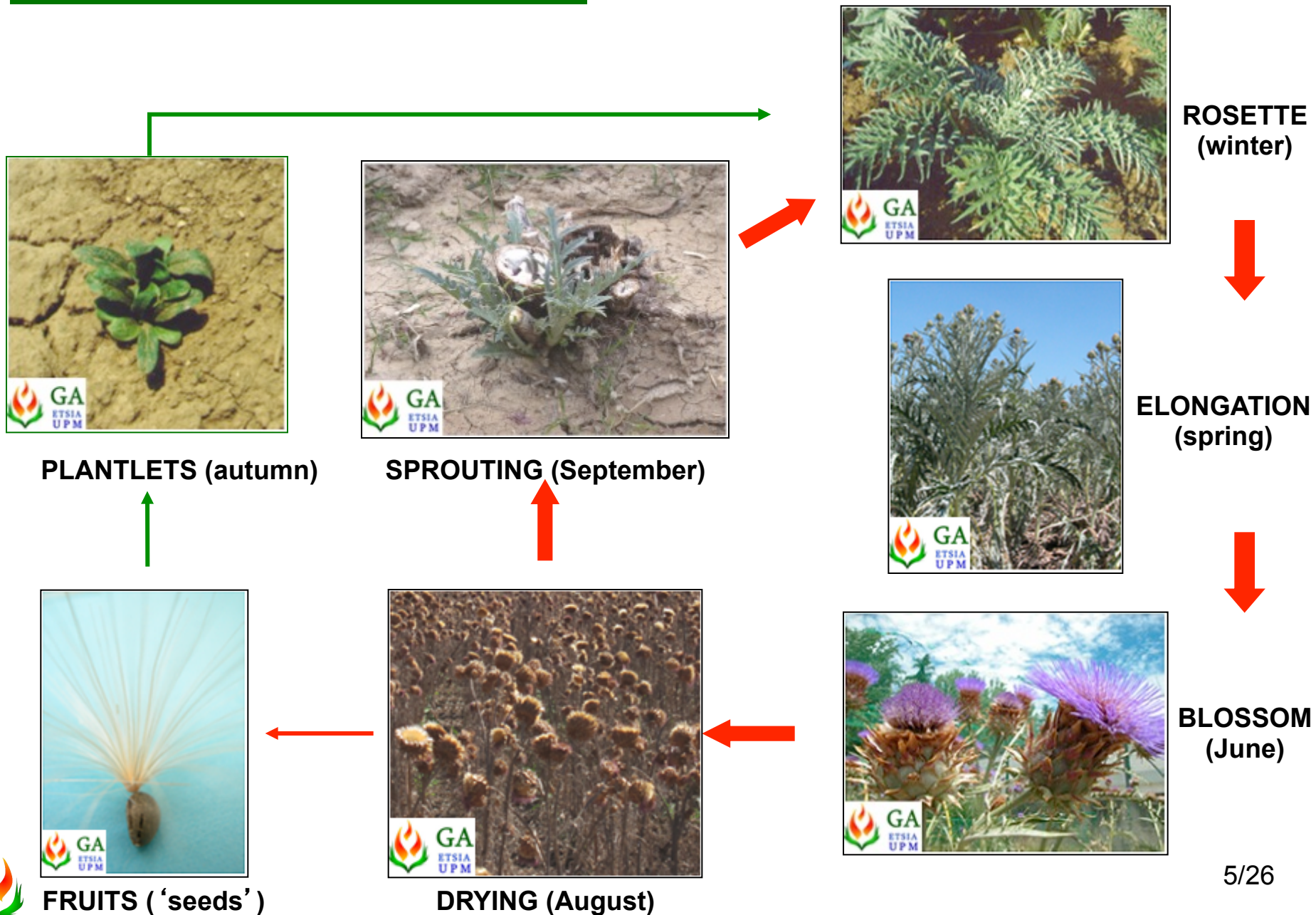
Fresh flowers are used as a vegetable rennet for milk clotting, in order to manufacture valuable regional cheeses.



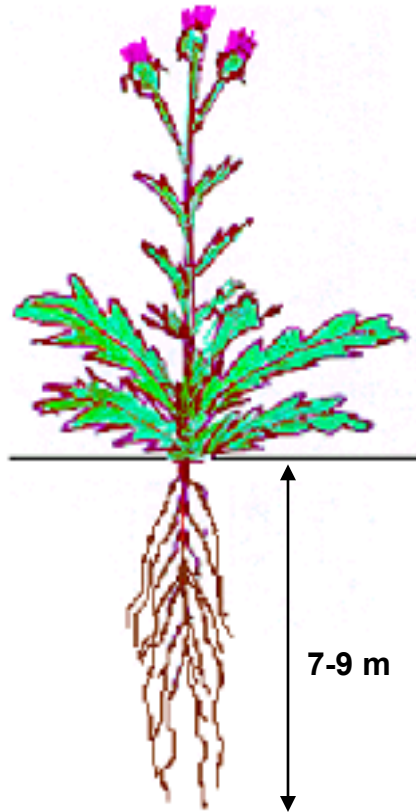
*Further info: Int. Dairy Journal, 18(1)(2008): 93-98.*



# Natural development cycle



# Strategies of adaptation to Mediterranean conditions



- **Very deep root system**

Use of water fallen in autumn, winter & spring.

- **Perennial with annual growth cycle**

The aerial biomass dries up during summer. Re-growth in early autumn.

- **Moderate salt tolerant**

by osmotic adjustment by inorganic ions ( $\text{Na}^+$  and  $\text{K}^+$ )

- **Photosynthesis during wintertime**

At  $5^\circ\text{C}$ ,  $\text{CO}_2$  assimilation rate  $\sim 6 \text{ mmol.m}^{-2}.\text{s}^{-1}$  ( $\sim 30\%$  max. at  $25^\circ\text{C}$ )

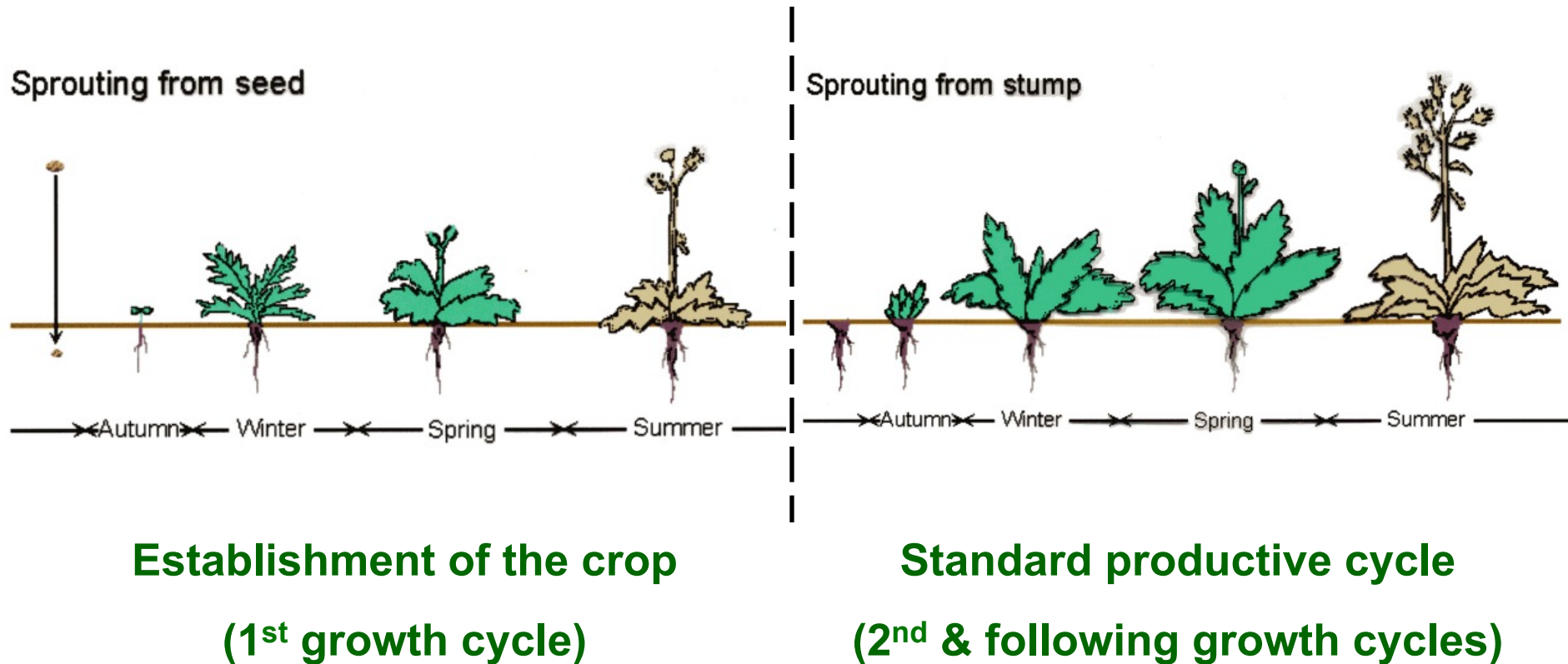
- **10-month period of active biomass growth**

Accumulation of carbohydrates (inulin) in roots.

- **High efficiency in fertilizers uptake**

from deep soil layers. Use of lixiviated nutrients.

### CYNARA AS AN ENERGY CROP



Further info: *Ind.Crops Prod.* 24(2006): 222-229; *Ind. Crops Prod.* 33(2011): 1-6.

# Crop management

- **FIRST YEAR (Establishment)**

- **Basal dressing dp. soil fertility** (gn. 500 kg 9:18:27)
- **Ploughing** (subsoiling) **and harrowing**
- **Sowing** (4-5 kg seeds/ha) (planting frame: 1 x 0.8)
- **Herbicide treatment** (e.g. 1.5 kg linuron+0.4 kg alachlor per ha)
- **Pest control** (dimethoate)

- **SECOND & FOLLOWING YEARS (production)**

- **Restoration fertilization** (e.g.~ 12.6 N ,3.5 P<sub>2</sub>O<sub>5</sub>, 20.8 K<sub>2</sub>O kg/t dm)
- **Pest control** (dimethoate)
- **Harvest** (dry biomass, ripe seeds)

*Further info: Biomass & Bioenergy 36 (2012): 404-410*









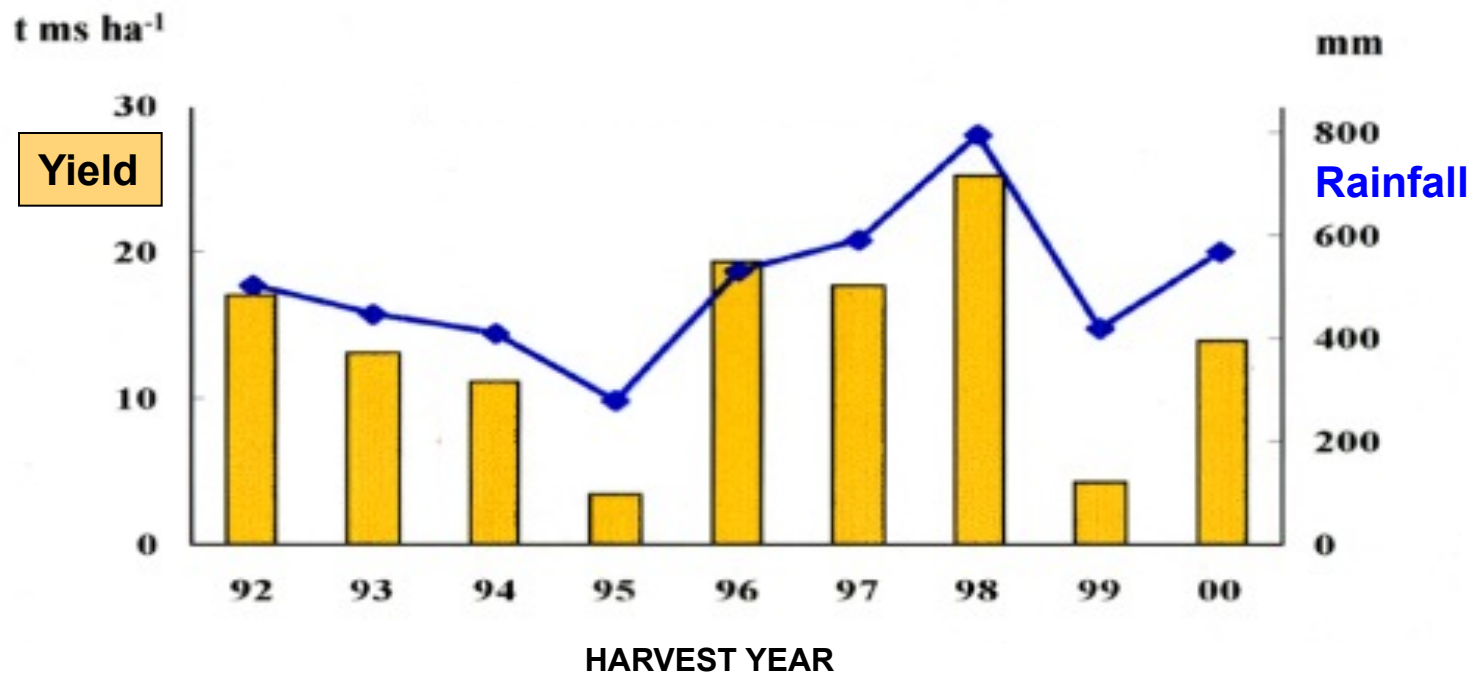




**Yields** → as a rainfed crop, yields depend on rainfall

**PERENNIAL CROP OF CYNARA, Madrid (Spain)**

Mean: 14 t d.m./ha.year (~ 470 mm/year)



*Further info: Acta Horticulturae 681(2005): 109-115; Biomass Bioenerg. 33(2009): 810-816.  
Ind.Crops Prod. 24: 222-229; Italian Journal of Agronomy (2001), 5(1-2):11-19.*

## Crop produce



**Heads ~ 33%**

**Stem ~ 33 %**

**Cauline leaves ~ 14%**

**Basal leaves ~ 20%**

**Biomass  
partitioning is  
linked to plant  
growth  
(dry weight basis)**

*Further info: Proc. 15th EU  
Biomass Conf. 2007, pp. 654-656*

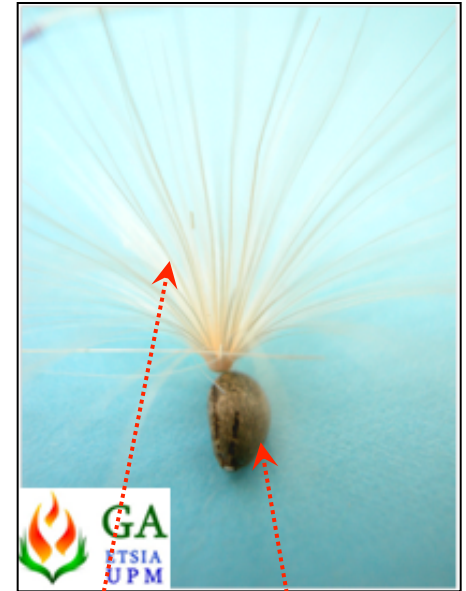
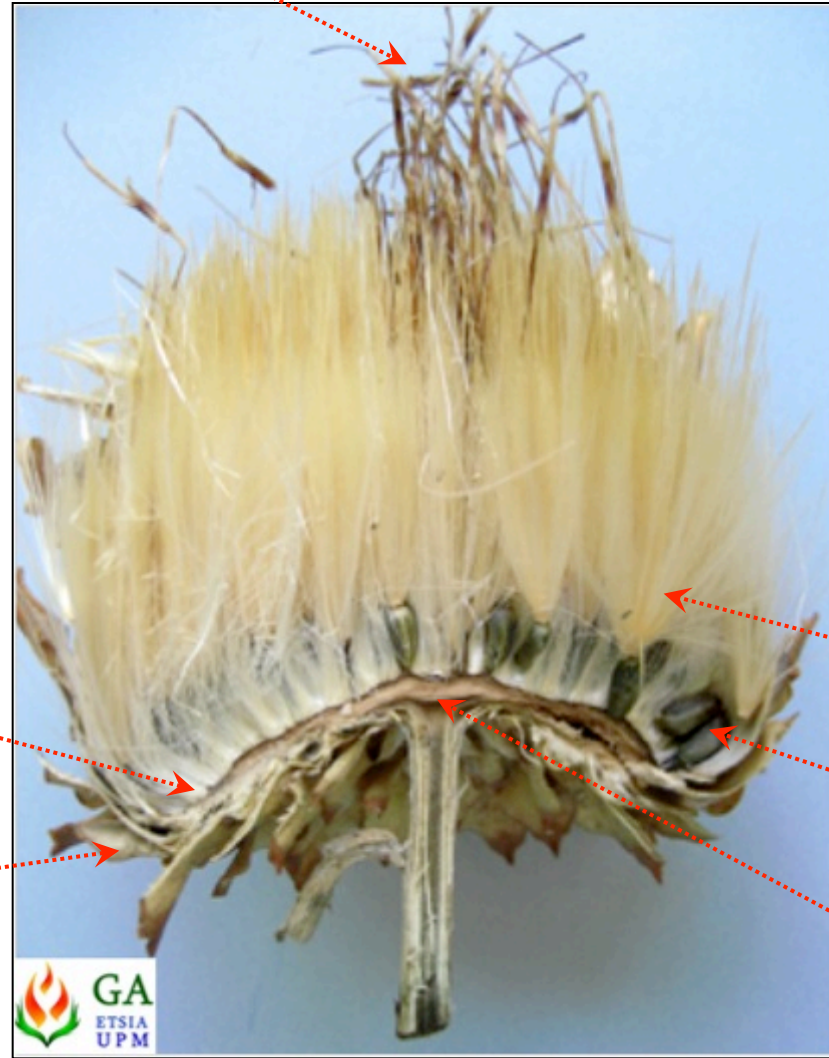




**Bracts**  
**25.2%**

**Floret scales**  
**(hairs) 8.7%**

**Florets**  
**11.2%**



**Pappi**  
**10.9%**

**Achenes**  
**25.5%**

**Receptacle**  
**18.4%**

Further info: *Ind.Crops Prod.* 24(2006): 222-229.  
Global Change Biology Bioenergy 2(2010): 113-129

## Harvesting (conventional machinery)



**Harvest time: Aug-Sept**



**Combined harvester**



**Oil seeds**



**Baler**



**Baling**



**Lignocellulosic biomass**





Milled biomass,  $\rho_a \sim 0.20 \text{ g/cm}^3$



Pellets,  $\rho_a \sim 1.12 \text{ g/cm}^3$

#### ► SOLID BIOFUEL

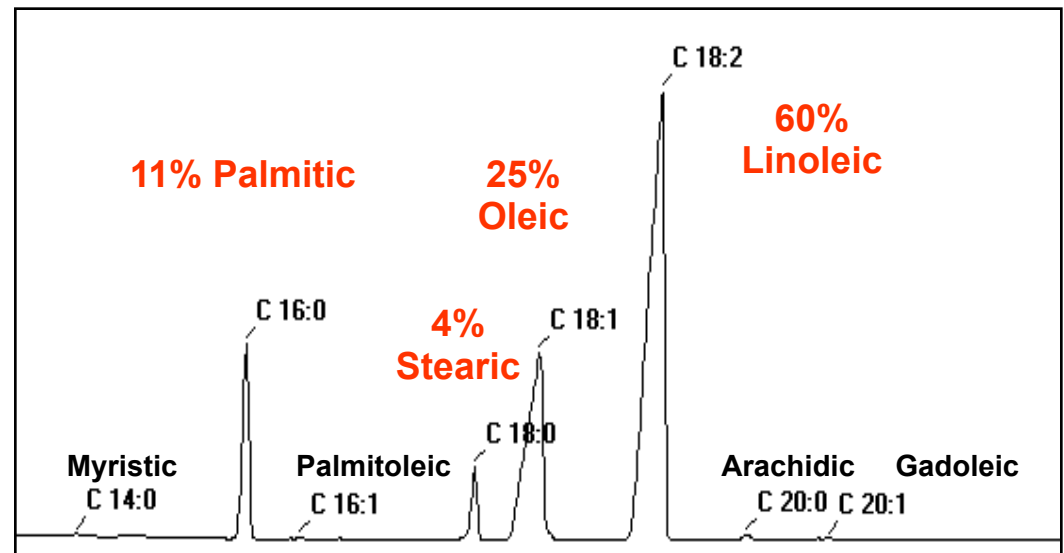
- Low moisture content at harvest: 10–15 % → No drying is required
- Low apparent density of milled biomass → densification
- Calorific power (LHV): 15–16 MJ/kg
- Chemical characteristics ~ straw.
- Ash, 5% (→10% if soil contamination); K, 2.5 %; Cl, 0.3% (KCl fertilizer affects K, Cl)

*Further info: Biomass & Bioenergy 41(2012): 145–156;  
Fuel 87 (2008) 58–69*

## ► LIQUID BIOFUEL: SEED OIL



- **Yield in oil seeds:**  
1.0-1.2 t/ha in average conditions (450 mm/y).
- **Seed oil content:**  
~ 20-25% (w/w seeds at equilibrium moisture).
- **Fatty acid oil profile:**  
~ sunflower oil.



## ► BIODIESEL FROM CYNARA OIL

- Biodiesel can be prepared by **transesterification** with methanol or ethanol in the presence of a catalyst (common industrial procedure).
- Cynara biodiesel **meets** the standard for biofuels (EN-14214).



Properties	Ethyl esters	Methyl esters	EN-14214
Density 15°C (g cm <sup>-3</sup> )	0.8794	0.889	0.86-0.90
Viscosity 40° (mm <sup>2</sup> s <sup>-1</sup> )	4.479	5.101	3.5–5
Flash point (°C)	184	182	> 101
Cloud point (°C)	-5	-4	--
Cold filter plugging point (°C)	-10	-10	≤ -10**
Cetane number	66	59	> 51
Carbon residue (% m/m)	0.28	0.36	< 0.3
Iodine index	109	117	<120(140*)
Phosphorus (mg kg <sup>-1</sup> )	< 5	< 5	< 10
Sulphur (% m/m)	< 0.02	< 0.02	< 0.02

**Further info: Industrial &Engineering Chemistry Research (1999), 38 (8):2927-2931;  
Energy &Fuels (2002), 16 (2):443-450.**



## ► PAPER PULP

### Pith

45% volume  
10% weight



### Fibres

1.3 mm long,  
18.8  $\mu$ m wide

- The stalks of cynara have successfully being tested for paper pulp.
- Stalks can be cooked by standard Kraft pulping 44-47% yield with Kappa 11-15.
- Depithing is recommended as a pre-treatment to improve product quality.

*Further info: Ind. Crops Prod. (2000), 13:1-10;  
Ind.Crops Prod. 29(1)(2009): 116-125*

## ► PHARMACOLOGICALLY ACTIVE COMPOUNDS

- **Cynarin:** Antioxidant, hepatoprotector and inhibitor of the cholesterol synthesis. Also present in artichoke.
- **Silymarin:** Compound usually obtained from *Silybum marianum*, traditionally used in the treatment of liver diseases.



*Silybum marianum*. The achenes contain 4-6% silymarin

Cynara fraction	Silymarin content (%)
Fresh leaves (Spring)	1.68
- Fresh petioles& ribs	1.96
- Leaf lamina	1.56
Dry stalks (August)	0.90
Dry leaves (August)	1.23
Achenes	1.07
Seed oil	0.01
Presscake	1.21
Lees	0.08

Further info: *Acta Horticulturae* 681(2005): 461-467. *Ind. Crops Prod.* 51(2013): 145-151.

## ► GREEN FORAGE



- At the rosette stage, high nutritive value for ruminants.
  - Compatible with harvest of biomass in summertime. Root reserves support the development of new leaves and allow the completion of the development cycle in the same year.
  - Final yield in biomass decreases.
- ⇒ Cynara may represent a punctual forage resource.

*Further info: Annales De Zootechnie (1999) 48: 353-65;  
Animal Feed Science and Technology (2000) 87: 203-214.*

## 4. Opportunities & challenges

<b>OPPORTUNITIES</b>	<b>CHALLENGES</b>
<b>Mediterranean crop</b>	<b>Plant breeding</b>
<b>Dry-farming in Med. conditions</b>	<b>Biomass quality (solid biofuel)</b>
<b>Perennial</b>	<b>Variability of yields (dp. rainfall)</b>
<b>Annual growth cycle</b>	<b>Mechanization</b>
<b>Multipurpose crop</b>	<b>Pest control</b>

<b>OPPORTUNITIES</b>	<b>CHALLENGES</b>
<b>Mediterranean crop</b>	New accessions (in vitro culture plants)
<b>Dry-farming in Med. conditions</b>	Biomass mixtures (cynara+wood) Additives in combustion; specific beds in fluidized bed (gasification)
<b>Perennial</b>	Not to harvest in drought cycles Awareness of the relationship yield vs rainfall
<b>Annual growth cycle</b>	I+D+i mechanization. Development of prototypes → industry
<b>Multipurpose crop</b>	Crop surveillance. Preventive treatments





**I+D+i mechanization.**  
Development of prototypes → industry

**Crop surveillance.**  
Preventive treatments

# **CONCLUSIONS & RECOMMENDATIONS**

- Cynara has been proved to be a versatile crop in dry-farming of the Mediterranean region (pp. 350-750 mm),
- A number of cynara applications has been identified.
- Traditional applications include vegetable and plant rennet.
- The development of Cynara as an energy crop (field crop) is under way; much knowledge has been gained in the past decades.
- The biorefinery concept can be applied to cynara: lignocellulosic plant fractions for solid biofuels, oil seeds for biodiesel and residues for nutraceuticals.
- RECOMMENDATIONS to be developed as R+D+I topics are:
  - PLANT PROTECTION
  - DEDICATED VARIETIES (PLANT BREEDING)
  - CROP MECHANIZATION

# THANKS FOR YOUR ATTENTION

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